



Welcome to the Tigers Class:

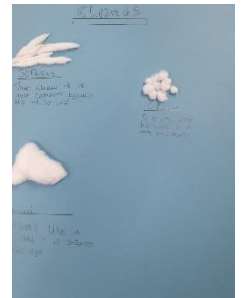


In PE the Tigers are doing gymnastics. We have been learning balances and rolls and have been challenged to join them creatively to create a routine. We have also ensured our performances are aesthetically pleasing by pointing our toes and keeping our positions still for 5 seconds.

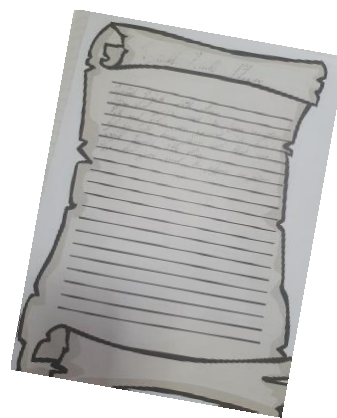


We have begun to learn about Impressionism in Art. We have looked at Claude Monet and have learned about the 6 principles of Impressionism. Did you know that Impressionists worked outside and didn't use black?

In English and Geography, we are learning about the weather and have been cloud watching, learned about the water cycle and different climate zones. We are going to pretend to be weather reporters soon too!



Our topic of the Middle Ages has continued in History. We have learned all the gory details of the Plague and made our own nursery rhymes about the plague.



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Notices

- We still have spaces available in Breakfast Club if parents would like to book via Parentmail, the cost is £1 per day.



Reminders

- Please ensure that children are bring weather appropriate clothing to school – jumpers, coats, hats etc.
- Please ensure that school lunches are ordered via Lunchshop



Attendance

The class with the highest attendance for last week was:



Jaguars

Well done! Keep it up!!



Diary Dates

- **Parents Evenings will be held on 23rd November – Parents should have had confirmation of times**
- **Friday 26th November Year 6 Netball Tournament at William Howard School**
- **Christmas Lunch Wednesday 15th December**
- **Last day of term Thursday 16th December at 3pm**



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Respect...

Responsibility...

Resilience...

Stars of the week..



Maicie - Responsibility – Lions Class
Scarlet - Responsibility – Tigers Class
Lilia - Responsibility – Jaguars Class
Mason - Responsibility – Leopards Class
Lexie - Responsibility – Cubs Class



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Acknowledgment of improved results, placed as top 3% in the country

NEWTOWN PRIMARY SCHOOL

WEEK 3

Freshly made every day!

Lunch Shop

DAY	CHOICE 1	CHOICE 2	CHOICE 3	PUDDING
Monday	Cheese & Tomato or Pepperoni Pizza served with Spaghetti Hoops and Mixed Salad	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Soft Roll filled with Ham, Cheese or Tuna served with Mixed Salad	Vanilla Ice Cream Roll & Fruit Cocktail or Yoghurt or Fresh Fruit
Tuesday	Breaded Chicken Goujons served with Potato Wedges, Coleslaw and Baked Beans	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Soft Roll filled with Ham, Cheese or Tuna served with Mixed Salad	Cherry Shortbread or Yoghurt or Fresh Fruit
Wednesday	Sliced Cooked Beef served with Yorkshire Pudding, Roast Potatoes, Baby Carrots and Gravy	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Soft Roll filled with Ham, Cheese or Tuna served with Mixed Salad	Blueberry Muffin or Yoghurt or Fresh Fruit
Thursday	Pasta Bolognese served with Garlic Bread slice and Sweetcorn	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Soft Roll filled with Ham, Cheese or Tuna served with Mixed Salad	Iced Sponge or Yoghurt or Fresh Fruit
Friday	Fish Fingers served with Chips, Garden Peas and Tomato Ketchup	Oven Baked Jacket Potato filled with Cheese, Beans or Tuna served with Mixed Salad	Soft Roll filled with Ham, Cheese or Tuna served with Mixed Salad	Cheese & Crackers or Yoghurt or Fresh Fruit

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Available Daily: Fresh Fruit and Bread!

If you have any questions about food allergens please speak to the kitchen team who will be happy to help.

ISSUE 1 – 15.10.18

AUTUMN 2021

ORFORM-44

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Cumbria Family Support, in Partnership with ICan Health & Fitness: CARLISLE MOG Programme!

My Own Guide to..... The child appropriate version (KS1- KS2) to the Live Well Guide. Follow our character Resi (Lience) as they guide you towards empowering your: Mental wellbeing, coping strategies, emotional resilience, eating well and food nutrients, drinking well, sleeping well and exercises at home. Including home growth exercises to encourage families and support networks to improve cohesion, empowering the child to deliver wellbeing in a fun and interactive manner to their support network.



VENUE: CARLISLE YOUTH ZONE

SIX SESSIONS:

Thursday November 11th / 18th / 25th and Thursday December 2nd / 9th / 16th A healthy snack & drink available from 3.45 Programme runs 4-6pm

ALL sessions will include the WOW (Wheels of Wellness) bouncing experience Are working with a family that you feel would benefit from this programme?

For further information and booking, contact:

Sara Dawson, Cumbria Family Support sdawson@cumbriafamilysupport.org.uk

Closing Date Friday, 5th November 2021

LIMITED PLACES SO BOOK NOW



KINDLY FUNDED BY CUMBRIA COUNTY COUNCIL, CARLISLE LOCAL COMMITTEE

AND HOSTED BY CARLISLE YOUTH ZONE!

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Re Hon Nick Gibb MP Minister of State for School Standards Acknowledgment of improved results, placed as top 3% in the country

BE BRIGHT & BE SEEN

this winter



Now that the clocks have gone back and it's getting darker earlier on, it's more important than ever to make sure you can be seen when you're out and about near roads.

There are loads of ways to be seen and stay safer
- so check over the page for some top tips!

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5 top tips on how to **BE BRIGHT & BE SEEN**

- 1** Brightly coloured or fluorescent clothing shows up well in daylight and at dusk when you're heading to and from school.
- 2** If you're out and about when it's dark, wear reflective gear to make sure you can be seen in car headlights. Reflective vests, sashes or wristbands work well. Remember, fluorescent clothing doesn't work after dark!
- 3** Don't forget to accessorise! Even small items such as clip-on reflectors, armbands and stickers on your outfit or school bag are a great way to improve your visibility.
- 4** If you like to cycle, remember that it's the law to have clean and working lights at night (white at the front, red at the back), as well as a rear reflector. It's good to fit spoke reflectors too.
- 5** Of course, 'Being Bright' isn't the only way to stay safer. If you're out at night, choose routes and crossing places that are well lit and remember to always use the Green Cross Code.

For more road safety tips, games and videos, visit the Tales of the Road website at www.direct.gov.uk/talesoftheroad

**Be Bright,
Be Seen**

THINK

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